Ángel Luis Estévez (1967-) was born in Madrid, where he lived until he was seven. Then he moved to Granada, where he lived for 6 years, before settling in Valladolid. He has been working in secondary schools for more than 10 years. In 2011 he took up the position of Headmaster at Juana I de Castilla.

How do you relax?

Doing sport. I love it. I especially like extreme sports like skiing or climbing. Last summer I took part in the first Quatriathlon World Championship, where I had to canoe, swim, cycle and run.

When were you happiest? When my son was born and whenever I win a race.

What is your greatest fear? Dying.

What is your earliest memory?

I remember very vividly playing a peculiar type of basketball with my older brother. We used a metal ring because I was only the size of a table!

Which living person do you most admire, and why?

Reinhold Messner (the first person to climb Mount Everest alone and without oxygen) or any other sportsman. You have to be mentally and physically strong to be at the top.

What was your most embarrassing moment?

I'm not easily embarrassed, but I remember once when I was at primary school and I tore my trousers.

What is your most treasured possession? My son and my sport trophies.

Where would you like to live? In any place that has both mountains and sea, like Granada or Barcelona.

What would your superpower be? Maybe flying

What is your least attractive habit? Eating too much and not combing my hair in the morning

What is your favourite food? Fried eggs and chips...with a good beer!

Who would you invite to your dream dinner party? Perhaps more than one person. Probably sports personalities such as Michael Jordan and Reinhold Messner. Also a beautiful woman, for example, Angelina Jolie.

What has been your biggest disappointment? I remember once in a local race when my bike broke down near the finish line.

If you could go back in time, where would you go?

I'd choose ancient Egypt, but just for a short visit. If I had to stay longer I'd like to go back twenty years in time, when I was younger.

What is the trait you most deplore in others? People who tell lies.

What is the trait you most deplore in yourself? Well, sometimes I can be a little selfish

What makes you depressed? A boring rainy day.

What is your favourite word? Happiness.